

## C.V

<b>Name</b>	Mohammed Omar Saeed Ibrahim
<b>Date of Birth</b>	21/03/1981
<b>Nationality</b>	Jordanian
<b>Marital Status</b>	Married
<b>Residence Address</b>	Tabarbour - Amman, Jordan
<b>E-mail</b>	mohammedomar@mutah.edu.jo



### Education and certificates

- B.Sc. degree in **Nutrition and Food Technology** from **Jordan University of Science and Technology** with an average of **86.1% (Excellent grading)** in 2002.
- M.Sc. degree in **Nutrition and Food Science** from **Jordan University** with an average of **3.56 (Very Good grading)** in 2007.
- Ph.D. degree in **Human Nutrition and Dietetics** from **Jordan University** with an average of **3.96 (Excellent grading)** in 2015.
- I have a permission from **Jordanian Ministry of Health** to practice as a **nutritionist**.
- I have a certificate from Mutah University that I had successfully passed **computer Driving License (MUCDL)**.

### Jobs:

- As an **Assistant Professor** at the Department of Food Science and Nutrition, Faculty of Agriculture, **Jerash University**, Jerash, Jordan . From OCT 2015 – SEP 2017. Teaching many courses: Principles of Human Nutrition- Diet Therapy 1 and Diet Therapy 2 - Human Nutrition – Meal planning, etc.
- Supervisor for **Accreditation and Quality**. Faculty of Agriculture, Jerash University, Jerash, Jordan. From May 2016.
- As an **Assistant Professor** at the Department of Nutrition and Food Technology, Faculty of Agriculture, **Mu'tah University**, Karak, Jordan . From OCT 2017 and still.

### Published Articles:

- 1- Hoteit, M., Mortada, H., Al-Jawaldeh, A., Mansour, R., Yazbeck, B., AlKhalaf, M., Bookari, K., Tayyem, R., Al-Awwad, N. J., Al Sabbah, H., Cheikh Ismail, L., Qasrawi, R., Abu Seir, R., Kamel, I., Dashti, S., Allehdan, S., Al-Mannai, M., Bawadi, H., Waly, M., & **Regional CORONA COOKING Survey Group** (2022). Dietary Diversity in the Eastern Mediterranean Region Before and During the COVID-19 Pandemic: Disparities, Challenges, and Mitigation Measures. *Front. Nutr.*, 9, 813154.
- 2- Ibrahim, M.O. (2021). Dietary Habits, Eating Practices and DMFT Index among Adults Attending Dental Clinics in Amman, Jordan. *Nutrición Clínica Y Dietética Hospitalaria*, 41 (4).

- 3- Tayyem, R., Ibrahim, M. O., Abdelrahim, D. N., Al-Shudifat, A. E., Azab, M., Ghazzawi, H., & Bawadi, H. (2021). Association between Grain and Legume Consumption and the Risk of Coronary Artery Obstruction among Jordanians Based on Angiography Results. *Preventive nutrition and food science*, 26(4), 400–407.
- 4- Ibrahim, M.O. (2021). Association between major socio-demographic and psychosocial factors with the dietary pattern among elderly people in Amman, Jordan. *Nutrición Clínica Y Dietética Hospitalaria*, 41(2): 72-79.
- 5- De Backer, C., Teunissen, L., Cuykx, I., Decorte, P., Pabian, S., Gerritsen, S., Matthys, C., Al Sabbah, H., Van Royen, K. and **the Corona Cooking Survey Study Group** (2021). An Evaluation of the COVID-19 Pandemic and Perceived Social Distancing Policies in Relation to Planning, Selecting, and Preparing Healthy Meals: An Observational Study in 38 Countries Worldwide. *Front. Nutr.* 7:621726.
- 6- Ghaith, M.M. and Ibrahim, M.O. (2020). Dietary habits, eating practices and lifestyle pattern as predictors of increased waist circumference amongst University of Umm Al-Qura female students: A cross-sectional study (Obesity Associated Risk Factors). *Medical Science*; 24(101), 351-359.
- 7- Kensara, O.A., Helal, O.F., Abd El-Kafy, E.M., Ghafouri, K.J., Ghaith, M.M. and Alsolami, F.J. et al. (2019). The Combined Effect of Vitamin D Deficiency and Hyperparathyroidism on Postural Stability among Healthy Adult Males. *Pakistan Journal of Biological Sciences*; 22, 406-414.
- 8- Ibrahim, M.O. (2018). Nutritional Epidemiology Study: Prevalence of Vitamin and Mineral Supplement Use and Correlated Factors among University Students in Jordan. *Pakistan Journal of Nutrition*; 17 (12), 654-660.
- 9- Ibrahim, M.O., Ahmad, M.N., Hamad, H. J. and Hamad, W. J (2016). Effect of Birhi Variety of Date Palm Fruits, (*Phoenix dactylifera L.*) at the Tamr Stage on Serum Glucose Levels in Streptozotocin-Induced Diabetic Rats. *Journal of Agricultural Science*; 8 (1).
- 10- Ibrahim, M.O. A Study of Nutritional Awareness of Jordanians' Consumers towards Functional Foods (2016). *Journal of Biology, Agriculture and Healthcare*, 6 (22), 23-30.
- 11- Hamad, H. J., Abu-Hassouneh, D. T., Ibrahim, M.O. and Faris, Mo'ez Al-Islam" E. (2016). Prevalence of Obesity among Jordanian School-aged Adolescents in Greater Amman. *Journal of Health, Medicine and Nursing*, 33, 91-96.
- 12- Hamad, W. J., Hamad, H. J. and Ibrahim, M.O. (2015). ALZHEIMER DISEASE & GENETICS: A MINI REVIEW. *International Journal of Current Research*, 7 (11), 23067-23073.

### **Educational Activities:**

- 1- A member in many “discussion committee” for Master thesis at Mu'tah University.
- 2- A “Supervisor” for Five Master thesis at Mu'tah University.
- 3- Participated in the committee of “Comprehensive Exam” for Master students at Mu'tah University.

### **Conferences:**

- 1- 1<sup>st</sup> Jordanian international conference of nutrition 2017
- 2- 2<sup>nd</sup> Scientific Day for Jordanian Dietitians Association at 2018.
- 3- Eighth Scientific Agricultural Conference (ESAC-2018) / Faculty of Agriculture, Mut'ah University, Karak, Jordan.

### **Languages**

- Arabic – Native speaker.
- English – Excellent (speak, read, write).

### **Computer Skills**

- Microsoft Windows applications (office application).
- Web browsing.

### **Personality and skills**

- Motivated, creative, team-worker, ability to work under pressure, ability to lead in critical situation and take decisive steps, ...
- Good recipient for new programs and new knowledge.
- Superior organizational, writing, interpersonal and communication skills, attention to details, ability to multi-task and meet deadlines.
- Self development.